

A Prayer for Thanksgiving

by Rabbi Zalman Schachter-Shalomi

For all the boons in our lives we offer our thanks to You our God
And in blessing your Name we hope that all of life will bless You too
and especially today because:

In the days of the Pilgrims, the Puritans,
when they arrived at these safe shores, suffered hunger and cold.
They sang and prayed to the Rock of their Salvation.
And You, standing by them, roused the caring of the Natives for them:
who fed them, turkey and corn and other delights.
Thus You saved them from starvation, and they learned
the ways of peace with the inhabitants of the land.

Therefore, feeling grateful, they dedicated a day of Thanksgiving
each year as a remembrance for future generations,
feeding unfortunates feasts of thanks.

Thus do we thank You for all the good in our lives,
God of kindness, Lord of peace;
thus do we thank You!

A Blessing for the Thanksgiving Meal

by Rabbi Rachel Barenblat

Source of all being, we thank You
for the meal on this table before us:

for the earth from which this food emerged
and Your blessing which sustains that earth

for the hands which planted and weeded and watered
and tended animals with loving care

for the drivers who ferried ingredients to our stores
and the workers who stocked the shelves

for those who prepared these dishes
dicing and chopping and roasting

and for the loved ones whose memory we cherish
when we recreate or adapt the foods they once made

may we receive this meal as a gift
and offer the gratitude of our hearts in return

and may the abundance which we enjoy
spur us to care for those who need

Thank You for this food
and for our togetherness on this precious day.

A short one-line grace after meals:

Brich Rachamana (Sanctuary)

Text: Talmud (Aramic), R' Shefa Gold (English)

Voice



Brich ra - cha ma - na, mal - ka - d' al - ma, ma - a -
You are the source of life for all/that is, and your

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Vo.



re - ei d' hai pi - a - ta brich ra - cha ma - na mal - ka - d'
bless - ing flows through me - e - e - e, you are the source of life for

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Vo.



al - ma, ma - a re - ei d hai pi - ta.
all/that - is and your bless - ing flows through me.