

1 16 Nisan <i>Day of chesed, week of chesed</i>	ברוך אתה יי, אלהינו מלך העולם, אשר קדשנו במצותיו וצונו אל ספירת העמר. <i>Baruch atah Adonai, eloheynu melech ha-olam, asher kidshanu b'mitzvotav vitzivanu al sefirat ha-omer.</i> Blessed are You, Adonai our God, Source of all being, Who sanctifies us with Your mitzvot and commands us to count the omer.					
	25 10 Iyar <i>Day of netzach</i>	24 9 Iyar <i>Day of tiferet</i>	23 8 Iyar <i>Day of gevurah</i>	22 7 Iyar <i>Day of chesed</i>	21 6 Iyar <i>Day of malkhut</i>	20 <-- 5 Iyar <i>Day of yesod</i>
3 18 Nisan <i>Day of tiferet</i>	26 11 Iyar <i>Day of hod</i>	41 26 Iyar <i>Day of yesod</i>	40 25 Iyar <i>Day of hod</i>	39 24 Iyar <i>Day of netzach</i>	38 <-- 23 Iyar <i>Day of tiferet</i>	19 4 Iyar <i>Day of hod</i>
	27 12 Iyar <i>Day of yesod</i>	42 27 Iyar <i>Day of malkhut</i>	49 5 Sivan <i>Day of malkhut</i>	48 <-- 4 Sivan <i>Day of yesod</i>	37 22 Iyar <i>Day of gevurah</i>	18 3 Iyar <i>Day of netzach</i>
4 19 Nisan <i>Day of netzach</i>	28 13 Iyar <i>Day of malkhut</i>	43 28 Iyar <i>Day of chesed</i>	50 7 Sivan Shavuot!	47 3 Sivan <i>Day of hod</i>	36 21 Iyar <i>Day of chesed</i>	17 2 Iyar <i>Day of tiferet</i>
	29 14 Iyar <i>Day of chesed</i>	44 --> 29 Iyar <i>Day of gevurah</i>	45 1 Sivan <i>Day of tiferet</i>	46 2 Sivan <i>Day of netzach</i>	35 20 Iyar <i>Day of malkhut</i>	16 1 Iyar <i>Day of gevurah</i>
5 20 Nisan <i>Day of hod</i>	30 --> 15 Iyar <i>Day of gevurah</i>	31 16 Iyar <i>Day of tiferet</i>	32 17 Iyar <i>Day of netzach</i>	33 18 Iyar <i>Day of hod</i>	34 19 Iyar <i>Day of yesod</i>	15 30 Nisan <i>Day of chesed</i>
	31 16 Iyar <i>Day of tiferet</i>	32 17 Iyar <i>Day of netzach</i>	33 18 Iyar <i>Day of hod</i>	34 19 Iyar <i>Day of yesod</i>	35 20 Iyar <i>Day of malkhut</i>	16 1 Iyar <i>Day of gevurah</i>
6 21 Nisan <i>Day of yesod</i>	30 --> 15 Iyar <i>Day of gevurah</i>	31 16 Iyar <i>Day of tiferet</i>	32 17 Iyar <i>Day of netzach</i>	33 18 Iyar <i>Day of hod</i>	34 19 Iyar <i>Day of yesod</i>	15 30 Nisan <i>Day of chesed</i>
	31 16 Iyar <i>Day of tiferet</i>	32 17 Iyar <i>Day of netzach</i>	33 18 Iyar <i>Day of hod</i>	34 19 Iyar <i>Day of yesod</i>	35 20 Iyar <i>Day of malkhut</i>	16 1 Iyar <i>Day of gevurah</i>
7 22 Nisan <i>Day of malkhut</i>	30 --> 15 Iyar <i>Day of gevurah</i>	31 16 Iyar <i>Day of tiferet</i>	32 17 Iyar <i>Day of netzach</i>	33 18 Iyar <i>Day of hod</i>	34 19 Iyar <i>Day of yesod</i>	15 30 Nisan <i>Day of chesed</i>
	31 16 Iyar <i>Day of tiferet</i>	32 17 Iyar <i>Day of netzach</i>	33 18 Iyar <i>Day of hod</i>	34 19 Iyar <i>Day of yesod</i>	35 20 Iyar <i>Day of malkhut</i>	16 1 Iyar <i>Day of gevurah</i>
8 --> 23 Nisan <i>Day of chesed</i>	9 24 Nisan <i>Day of gevurah</i>	10 25 Nisan <i>Day of tiferet</i>	11 26 Nisan <i>Day of netzach</i>	12 27 Nisan <i>Day of hod</i>	13 28 Nisan <i>Day of yesod</i>	14 19 Nisan <i>Day of malkhut</i>
	9 24 Nisan <i>Day of gevurah</i>	10 25 Nisan <i>Day of tiferet</i>	11 26 Nisan <i>Day of netzach</i>	12 27 Nisan <i>Day of hod</i>	13 28 Nisan <i>Day of yesod</i>	14 19 Nisan <i>Day of malkhut</i>

First week (red): week of *chesed*, lovingkindness | **Second week** (orange): week of *gevurah*, strength / boundaries
Third week (yellow): week of *tiferet*, harmony / balance | **Fourth week** (avocado): week of *netzach*, endurance
Fifth week (green): week of *hod*, splendor / humility | **Sixth week** (aqua): week of *yesod*, foundation / roots
Seventh week (purple): week of *malkhut*, nobility / sovereignty