



Congregation Beth Israel
חבורת בית ישראל

Tashlich / A Ritual for Casting-Away

We come to this river seeking to cast away our mistakes, in the spirit of Ezekiel's words:

הַשְּׁלִיכוּ מֵעַלְיֵיכֶם, אֶת-כָּל-פְּשָׁעֵיכֶם אֲשֶׁר פָּשַׁעְתֶּם בָּם, וַעֲשׂוּ לָכֶם לֵב חָדָשׁ, וְרוּחַ חֲדָשָׁה.

"Cast away from yourselves all your transgressions, and create within yourselves a new heart and new spirit!" (Ezekiel 18:31)

A Prayer For Tashlich

to be read responsively

Here I am again
ready to let go of my mistakes.

*Help me to release myself
from all the ways I've missed the mark.*

Help me to stop carrying
the karmic baggage of my poor choices.

*As I cast this bread upon the waters
lift my troubles off my shoulders.*

Help me to know that last year is over,
washed away like crumbs in the current.

*Open my heart to blessing and gratitude.
Renew my soul as the dew renews the grasses.*

And we say together:
Amen.

Throw bread into the water, reflecting on what you want to release.

Ana Bakoach – Untie My Tangles

Source of mercy, with loving strength,
untie my tangles.
Through time and space,
Your glory shines,
Majestic One.

אָנָּה בָּכַח גְּדֻלַּת יְמִינְךָ תַּתִּיר צְרוּרָה.
Ana bekoach gedulat yemincha tatir tzrurah.

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.
Baruch sheim kavod malchuto le'olam va'ed.

תקיעה גדולה Tekiah Gedolah!